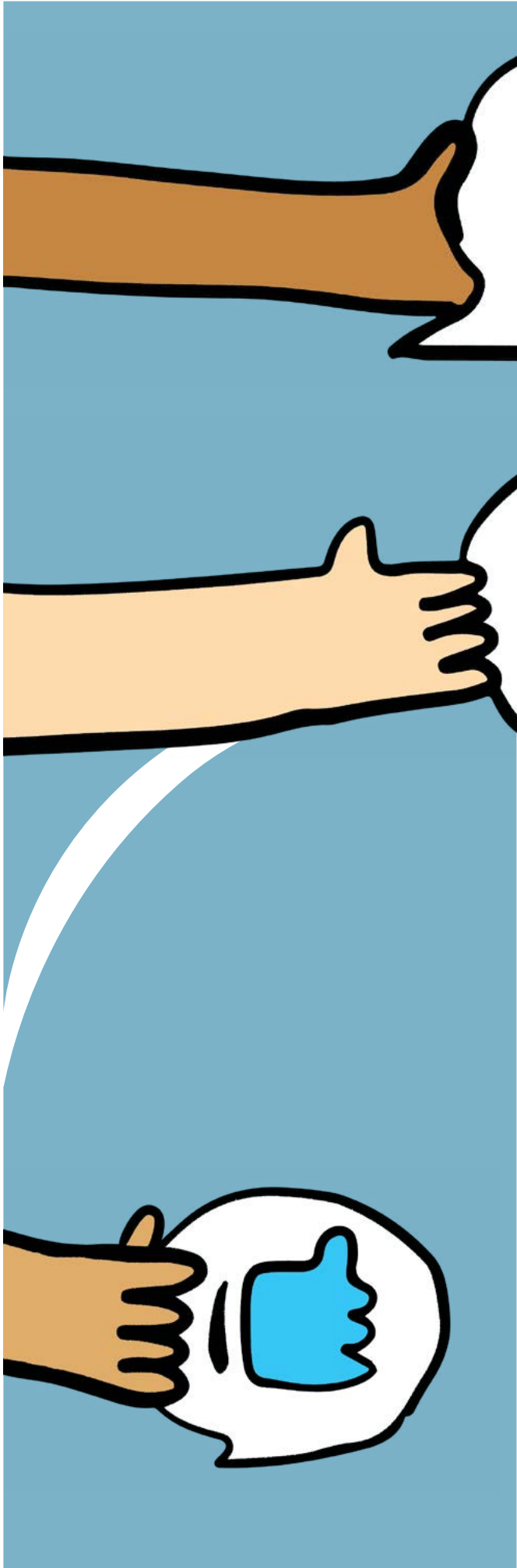




**NO H8
SPEECH**



Erasmus+

NO Hate Speech: Increasing Competencies of Young People to Use Media and Theater Based Tools to Combat Hate Speech: Step 2

Ljubojno, Macedonia

11 - 20.6.2022

Youth Exchange



This infopack will guide you through the upcoming project you are going to take part on. Let's start by giving you an intro to the Erasmus+ world!



Erasmus+ is the EU's program to support education, training, youth and sport in Europe. It provides opportunities for people of all ages across the Europe and beyond!

It's open to everyone, not just those currently enrolled in education or training. With Erasmus+, you can volunteer across Europe and beyond or participate in a youth exchanges or different trainings abroad and in your country.

On your journey to Erasmus+, it's good to keep an open mind and adventurous spirit! Mostly you don't need any experience before, curiosity and willingness to learn are the key.



This youth exchange is the second activity of the project No Hate Speech: Increasing Competencies of Young People to Use Media and Theater Based Tools to Combat Hate Speech



Topic

Increasing Competencies of Young People to Use Media and Theater Based Tools to Combat Hate Speech

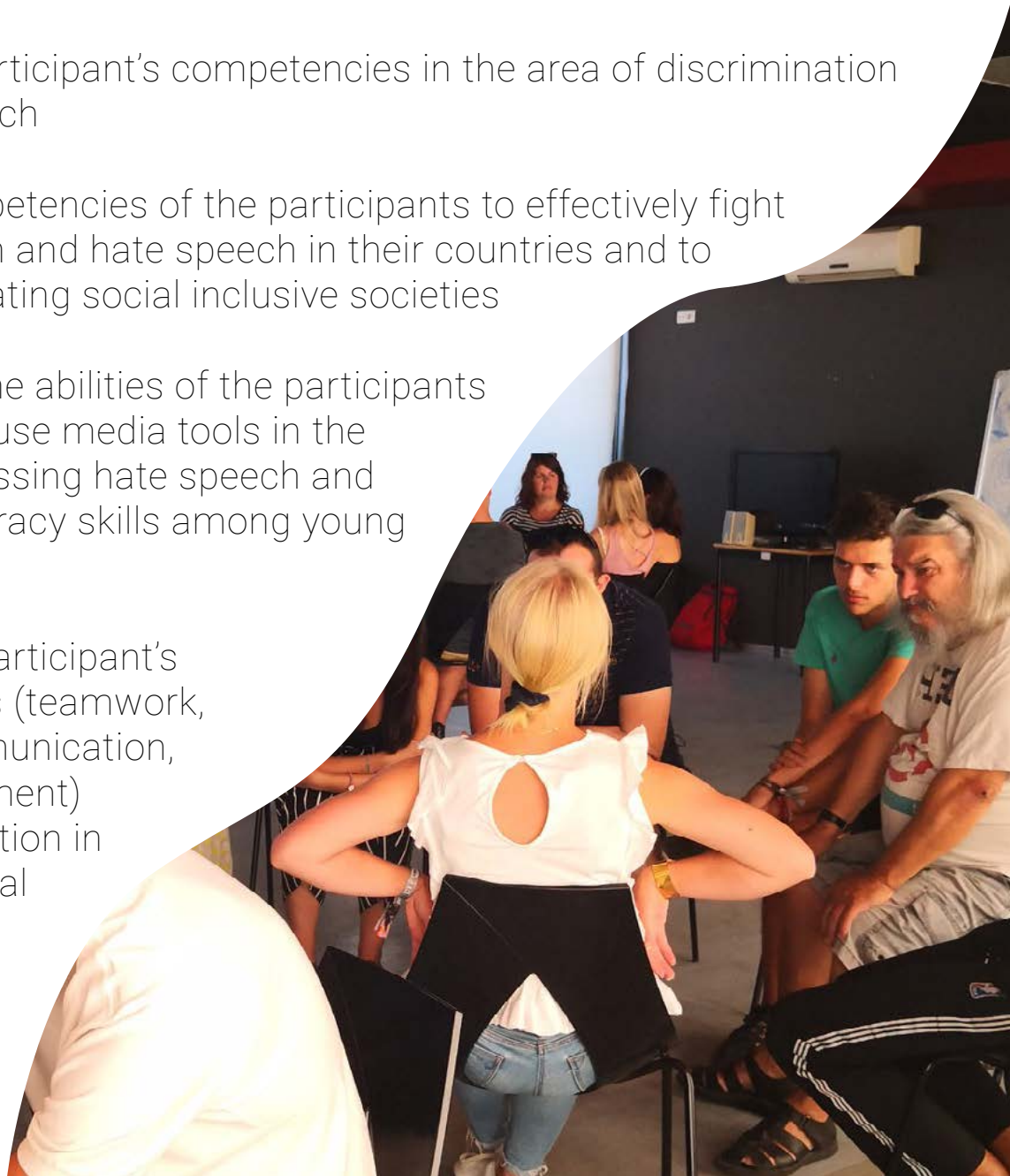


Aim

Empower young people to address online and offline hate speech and to equip the participants of the project by needed competences to do it in their realities and to encourage their peers to join them.

Main objectives:

- 1** To develop participant's competencies in the area of discrimination and hate speech
- 2** To raise competencies of the participants to effectively fight discrimination and hate speech in their countries and to contribute to creating social inclusive societies
- 3** To increase the abilities of the participants to effectively use media tools in the process of addressing hate speech and raising media literacy skills among young people
- 4** To increase participant's competencies (teamwork, leadership, communication, conflict management) through participation in various non-formal based activities in intercultural settings





Participants & Partners

Each country should be represented by 5 young people (18-30) and 1 group leader (18+). If possible the group leader and some of the participants should be the participants of the previous “NO Hate Speech” YE.

Partners of the project are:

EUCMC Aarhus - **Denmark**

Mladinski center Dravinjske doline - **Slovenia**

Volunteers Centre Skopje - **Macedonia**

Esprominho - **Portugal**

3D Friends - **Latvia**

Mladi za Marof - **Croatia**





Travel investment

Travel costs of all participants will be covered by the budget of the project in accordance with the Distance Calculator of the European Commission.

Accommodation, food, training materials are provided.

We ask you to NOT book your tickets until you get the confirmation on your application. Travel reimbursement will be done maximum 90 days after the end of the activity through bank transfer to one of the participants or the sending organization, after sending all the original tickets, invoices and boarding passes and filling the Participant Mobility Report.

Croatia	275eur
Latvia	275eur
Denmark	275eur
Portugal	360eur
Slovenia	275eur

Insurance

Participants are responsible for getting their own travel insurance and any medicaments and treatment that they use. The project does NOT cover for the insurance and medications.



Keep all the documents in a safe place during all the travel. The leader of each group will be responsible to collect tickets and boarding passes. Scans of all the travel documents should be sent to the following e-mail address: **vcs_contact@yahoo.com**

Accommodation

Youth exchange will be held in Ljubojno, village located in the region of Prespa in North Macedonia. Participants will be staying in guest house through the whole duration of the project. Shared rooms will be provided for participants: double, triple, four/six-person rooms. Wi-Fi works in all the facilities of the guest house.

 Accommodation and food will be covered by the project for the days of the youth exchange. There will be three meals per day + two coffee breaks.



Macedonia has 2 airports, Skopje (SKP) and Ohrid (OHD). The country is also very well connected with the neighbouring countries' capitals and airports from the major European metropolis. Try to look for flights to and from Thessaloniki (SKG), Tirana (TIA), or even Sofia (SOF).

Ljubojno is located around 3,5 hours drive from Skopje and about 5 km north of the Greek border.



When you will buy a ticket to Macedonia, please let us know ASAP, then we will be able to figure out who is coming when - and organize the transport directly from the airport for you.



Macedonia does not require PCR test from fully vaccinated travelers.



Macedonia uses Macedonian Denars. 1 euro is 61.5 mkd. Most of the places accept card and you can take money from ATM (check fees with your bank).



Important

1 Make sure to check that your **passport** is valid at least **3 months** after the project ends, or you will not be allowed to enter the country.

2 **Keep every ticket**, boarding pass and document from your travels, or we can not **reimburse** you later.

3 Check the **travel restrictions** related to **COVID19** from each country which you travel through.

4 Take your personal **medicines** with you. Pack **personal cosmetics** and swimming suit. If possible take your **laptop** with you.

5 The electricity is standard European: 230V, 50Hz, 2 pin plugs.

6 Feel free to bring **information about your organization** and activities that your organizations are doing.

7 The program of the project will include **intercultural night**, so you are welcome to bring with you something to taste or drink.

For any other information and questions, don't hesitate to contact us:

vcs_contact@yahoo.com

Register here:

